



# TREKKER TRAKKS

## OCTOBER, 2017

NW Tulip Trekkers Volkssport Walking Club



### President's Message October, 2017:

Dear Tulip Trekkers,

I cannot believe that I am saying this, but I am actually looking forward to some walking in the rain. Maybe 3 months of drought does strange things to you. It is time to get out the rain gear and waterproof the shoes.

Cheryl and I are looking forward to the Winthrop walking event. The North Cascades is such a beautiful area. We are lucky to live so close to it. I hope than many of you will also head over there.

Looking ahead, we will have our NWTT Holiday gathering Monday, Dec 11 at the ***Burlington Bob's Burger and Brew***. We have reserved their large room from 5 PM until 8. We will be ordering from their menu.

The AVA 2019 Convention committee is trying to determine a reasonable cost for full registration to the convention in Albany, New York. I have attached what the registration will include. Your feedback is appreciated.

Our club was recently awarded a 30<sup>th</sup> anniversary award from AVA. Do you have any ideas how we should celebrate this achievement? We have a lot of friendship walks coming up in the fourth quarter, so be sure to check the schedule. Our next NWTT meeting will be scheduled after our first quarter 2018 walk schedule is complete.

Tim

---

## Vice President's Message:

If you are a member of the Trekkers and don't walk for one reason or another, there are a couple of ways you could help us be more successful. **We could use someone to be our Web Master.** The Trail Masters are doing it now and would like to be able to spend more of their time on our walks. This next year we will be hosting more one day events because of new program allowing us to use a Traveling Stamp so they will be involved with those. I'm sure they would be helpful in orienting you to the Web and in managing it. We will host an event on Whidbey Island again this year and that is very time-consuming for the Trail Masters and the Board.

One of our main goals as a Walking Club is to attract more people to our walks and the benefits of walking. **We could use help in 'advertising' what we do.** The club is using Face Book and Meet-up and they are helping, but we need more of a presence for the public. If any of you can help and/or provide ideas on how we could be better at this, please contact me: [pepia46@comcast.net](mailto:pepia46@comcast.net) Please put 'Volksswalks' in the subject line of your email. Of course, just talking about us to your friends and relations helps.

We are considering doing one of our walks as a fund-raiser for a charity. One thought is for the Washington State Parks. If you have a suggestion, email me as above.

---

## **Welcome New Trekkers:**

Lee and Suzanne Lazaro of Corvallis, OR  
Barbara Pomeroy of Mount Vernon  
David Wesley of Mount Vernon  
Dick Beckenbaugh of Bellingham  
Mike Kimmich of Bellingham

---

## **It's time to order 2018 Starting Points.**

The AVA Starting Point lists all the walks in the United States with information about the walks, where they start and directions to get there. If you would like to order a copy (\$25) please send a check by October 1st payable to the NW Tulip Trekkers to: Sue Payton, 1244 Admirals Drive, Coupeville, WA 98239. The books usually arrive to the club early December. Please contact Sue Payton to place your order: [wishome@yahoo.com](mailto:wishome@yahoo.com)

**NWTT club gear:** If you would like to order NWTT shirts or hats, send an email to [mquick6465@gmail.com](mailto:mquick6465@gmail.com) and she will start a new order. There are many options; long sleeve or short sleeve t-shirts, wicking or polos, hoodies or sweatshirts, baseball or bucket style hats give a lot of variety to your walking wardrobe!



---

## **FRIENDSHIP WALKS IN OCTOBER, 2017:**

### **Oct. 5: Northridge;**

Register by 9:45 Walk at 10:00 a.m.

Start Location: Haggen Food & Pharmacy, Barkley Village, 2900 Woburn Street

Route: 10 km. Rated 2C. Y1404.

Honoring Our Flag, Points of Reference, Take a Walk In a City Park, Walk the USA - Street by Street\*\*, Walking America's Ports of Call, Walking America's Ports of Call, You'll Never Walk Alone.

Walk on Klipson trail to forested Northridge Park and Big Rock Garden (sculpture) and back on the Railroad trail with views from the Alabama St. Bridge. Restroom at start and in Big Rock Garden.

**Directions to Start:** Haggen Food and Pharmacy - Barkley Village, 2900 Woburn St, Bellingham. From South or North, take: I-5 Exit 255 for Rt542/Sunset Drive. After exit, northbound turn right; southbound turn left onto Sunset Drive. Proceed 4-5 blocks. At Woburn Avenue, turn right and go a few blocks to Hagen.

Hosts: Tom Stabile and Margaret Quick. E-mail: tandmwa@frontier.com. Phone: 360-966-2346.

**October 7: Friday Harbor:** We will walk on the 9:30am ferry.

**Registration and stamping will be done on the ferry.** Allow enough time to get from the parking lot and to purchase your ticket(s). There is a fee for parking at the Ferry Terminal in Anacortes. If you need directions to the Ferry Terminal, please contact one of the Board members listed at the end of this newsletter.

Trail: Number YR0987, 5/11 km, Rated 1A.

Animal Safari, Food For Thought, Fraternal Organization, Honoring Our Flag, Ice Cream Parlor, National Register of Historic Places, Points of Reference, Trekking With the Trees, Volcanoes, You'll Never Walk Alone/Walking USA Street by Street\*/Restaurants/Womb to Tomb.

Walk along country roads with fabulous water views. The walk finishes through downtown Friday Harbor. The 5 km stays in Friday Harbor business and residential districts. Toilets available at ferry landing but not on the walk routes. Take water as there is none on the route.

Hosts: Fred and Sharon Fisher. E-mail: [sfisher@fidalgo.net](mailto:sfisher@fidalgo.net). Phone: 360-293-7985

**Oct. 14: Mt. Vernon;**

Register by 9:45 Walk at 10:00 a.m.

Start Box Location: Red Apple Market, 820 Cleveland St.

Start Time:

Trail: 5/10/20 km. Rated 2A. Y1957. Animal Safari/Food for Thought/Mural/Rainbow Colored Names/Volcanoes/You'll Never Walk Alone/Walking USA Street by Street\*Restaurants/Womb to Tomb.

Walk through residential areas with beautiful views of the Skagit River and Skagit Valley. Finish the walk through downtown Mount Vernon with its many unique shops, brewery and college. Picnic spots and restaurants are along the route.

Directions to Start: I-5 Exit 226. Southbound turn right on Kincaid and proceed two blocks to Red Apple market on the left. Northbound turn left under the bridge on Kincaid. Proceed two blocks to Red Apple market on the left. Start box location is espresso area to right after entering store.

Host: Marie Weltz. E-mail: [rlmweltz@gmail.com](mailto:rlmweltz@gmail.com). Phone: 360-424-7490.

**Oct. 21: Coupeville;**

Register by 9:45 Walk at 10:00 a.m.

Start point for this day's walk: Coupeville Library, 788 Alexander St. register in the parking lot

Trail #1—Historic Town & Country— 5/11 km. Rated 2A. Y1548. Animal Safari, Bridges - Spanning the USA, Food For Thought, Fraternal Organization, Honoring Our Flag, Ice Cream Parlor, National Parks Centennial Challenge, National Register of Historic Places, Points of Reference, Take a Walk In a City Park, Trekking With the Trees, United States Post Offices, Volcanoes, Walking America's Ports of Call, You'll Never Walk AloneWalking USA Street by Street\*/Boardwalks/City and County Parks/Womb to Tomb.

Explore the historic town of Coupeville and walk along country roads in Ebey's Landing Historical Reserve with views of Puget Sound and farm fields. Views of Penn Cove, Puget Sound, Olympic Mountains, and on clear days Mt. Baker & Mt. Rainier. Part of walk is on rural roads.

Directions to Start: From I-5 take exit 230 toward Anacortes. Left on SR 20 to Whidbey Island, follow SR 20 to traffic light in Coupeville. Left on Main Street, Left on Coveland, Left on Alexander, Right into Library parking lot.

Host: Sue & Bob Payton, wishome@yahoo.com, 360-914-4268

**Oct. 28: Bayview; 10 am**

Start Location: Farm House Restaurant, 13724 LaConner-Whitney Rd.

Directions to Start: From I-5 northbound, exit 230 to Hwy 20 West. Follow signs toward Anacortes. Left at stop light toward LaConner. Immediate right into Farm House Restaurant parking lot. Start box is just inside entry.

Register and drive to start. Porta potty in parking lot at start of walk.

Trail: 5/10 km, Y1801, Rated 1B.

Points of Reference, Walking the Path of Inventions/Walking USA Street by Street\*/ Womb to Tomb

The walk will take you through the Bayview State Park, walking to the beach and then back to Padilla Bay Shore Trail. The trail is along the Puget Sound with beautiful views. You may see eagles, herons, seals, etc. Walk 3.4 k to the end of this trail. There is a porta potty here. You then reverse directions and return to your car.

Hosts: Fred & Sharon Fisher, E-mail: sfisher@fidalgo.net. Phone: 360-293-7985.

-----  
**The schedule for Friendship Walks for the rest of 2017:**

**November** 4: Interurban Trail; Nov. 11: Burlington; Nov. 18: Cornwall Park; Nov.24: Ferndale

**December** 2: Cordata

See the President's message above for info about our Holiday gathering.

---



The ESVA is sponsoring a seven day cruise on Norwegian Cruise Lines to SE Alaska next summer. The dates are July 28-August 4, 2018. There are a variety of cabins available. Deposits must be made by October 28, 2017 for the cruise to be a 'go'. Prices are not firm at this time. If you are interested, please email Elisabeth (Buffy) Wittenberg at [ewittenberg@wamail.net](mailto:ewittenberg@wamail.net) soon to reserve a place. Send her your name, address, how many people will be in the cabin, if you would like a roommate and phone number. Try to specify if you want an inside or outside cabin or a balcony or suite. The ship will be the Norwegian Bliss.

Congratulations to the following Tulip Trekkers on the noted milestones:

Sue Payton of Coupeville: 600 Events and 6,000 km

Bob Payton of Coupeville: 400 Events and 4,000 km

Curt Myron of Oak Harbor: 2,000 Events and 22,000 km

Roy Bauska of Edmonds: 4,600 Events

Joe Pepia of Mount Vernon: 11,000 km

Club website: [www.nwtrekkers.org](http://www.nwtrekkers.org)  
Evergreen State Volkssport Association: ESVA.org  
AVA: America's Walking Club: AVA.org  
Facebook: [www.facebook.com/groups/1077999575578009/](https://www.facebook.com/groups/1077999575578009/)  
Meetup: [www.meetup.com/NW-Tulip-Trekkers-Walking-Club/](http://www.meetup.com/NW-Tulip-Trekkers-Walking-Club/)

President: Tim Fisher: 425-626-0492, [gotdisc7@gmail.com](mailto:gotdisc7@gmail.com)  
Vice President and Newsletter editor: Joe Pepia 360-899-5311, [pepia46@comcast.net](mailto:pepia46@comcast.net);  
Secretary: Margaret Quick, 360-966-2346, [mquick6465@gmail.com](mailto:mquick6465@gmail.com)  
Treasurer: Barbara Lynn, 360-757-0883, [johnandbarb44@hotmail.com](mailto:johnandbarb44@hotmail.com)  
Trail Master: Tom Stabile, 360-966-2346, [tandmwa@frontier.com](mailto:tandmwa@frontier.com)  
Trail Master: Sue Payton, 360-914-4268, [wishome@yahoo.com](mailto:wishome@yahoo.com)

